

Call for Submissions from Counselors, Psychologists, Social Workers, and Practicing Therapists (15– 20 ms. Pages)

Dr. Joy Whitman and Dr. Cyndy Boyd are soliciting submissions to selected section for an upcoming book entitled--

The Therapist's Notebook for Sexual and Gender Identity Diverse

Clients: *Homework, Handouts, and Activities for Use in Counseling, Training, and Psychotherapy*

This will be published in 2018 by [Harrington Park Press](#), previously the LGBTQ imprint of The Haworth Press, and now distributed by [Columbia University Press](#). This volume is planned as a successor version of a previous book published in 2003 also co-edited by Whitman & Boyd (*The Therapist's Notebook for Lesbian, Gay, and Bisexual Clients: Homework, Handouts, and Activities for Use in Psychotherapy*).

The successor book will have an improved format with completely up-to-date information and contemporary focus.

The purpose of this book is to:

- Offer counselors, psychologists, social workers and practicing therapists current and practical interventions, homework, and hands-on activities tailored for working with sexual and gender identity diverse clients.
- Provide evidenced based, ethical, and affirmative therapeutic activities for sexual and identity diverse clients.
- Provide theoretically sound interventions to use when working with sexual and gender identity diverse clients.
- Offer specific suggestions for a variety of issues uniquely faced by sexual and gender identity diverse clients.

Structure of Chapters:

Each chapter will include the following in the order as outlined:

Type of Contribution (Homework, Handout, or Activity)
Objective
Rationale for Use
Evidence-based foundation, affirmative practice, and application of ethical codes
Instructions
Brief Vignette
Suggestions for Follow-up
Contraindications for Use
Professional Readings and Resources
Resources for Clients (web based and/or print)

Chapters will be similar in length to the first edition, with a range of 15 -20 ms.pages inclusive of activity and references.

We are looking for contributors to provide chapters including, **but not limited to**, chapters targeted to the following sections:

SECTION III: Homework, Handouts, and Activities Across the Lifespan

- Chapters to include working with clients across the lifespan from a variety of different sexual, gender, and social identities using an intersectionality perspective
- Chapters will include interventions for children, adolescents, young adults, adults, adults in midlife, and older adults
- Each chapter will include relevant research supporting the use of this type of intervention
- Each chapter will include the ethical guidelines connected to this intervention

SECTION IV: Homework, Handouts, and Activities for Relationship Issues

- Chapters will include dating considerations and especially the use of social media applications
- Chapters will include decision making around marriage and issues related to divorce, child custody, and generally dissolving relationships
- Chapters will include polyamory, polyfidelity, and asexuality and sexual functioning
- Chapters will include relationship issues and how gender, gender nonconforming identities, and sexual identity impact those relationships
- Chapters will include cross-cultural and transnational relationships
- Chapters will include issues helping couples navigate differences in stage of identity development
- Chapters will include issues helping couples navigate interpersonal violence
- Chapters to include working with clients from a variety of different sexual and gender identities as well as other social identities using an intersectionality perspective
- Each chapter will include relevant research supporting the use of this type of intervention
- Each chapter will include the ethical guidelines connected to this intervention

SECTION V: Homework, Handouts, and Activities for LGBTQ Parenting and Family Therapy

- Chapters will include decisions around having children as well as issues around the various avenues for adoption, surrogacy, and options in reproductive technology.
- Chapters will include parenting considerations around navigating marginalized identities with childcare providers, schools, etc... and raising children in “conspicuous families”
- Chapters will include how to address parental concern about youth victimization and bullying both from the perspectives of the sexual and gender identities of youth and of the parents
- Chapters to include interventions to assist parents when navigating societal oppression of their children who are gender nonconforming and/or whose sexual identities are marginalized
- Chapters to include working with clients from a variety of different sexual and gender identities as well as other social identities taking an intersectionality approach
- Each chapter will include relevant research supporting the use of this type of intervention
- Each chapter will include the ethical guidelines connected to this intervention

SECTION VII: Homework, Handouts, and Activities for Specific Presenting Concerns

- Chapters will include common clinical concerns including but not limited to eating disorders, depression, anxiety, economic concerns, living with HIV, sexual and other trauma, and suicidality
- Chapters will include working with clients from a variety of different sexual and gender identities as well as other social identities as they intersect
- Each chapter will include relevant research supporting the use of this type of intervention
- Each chapter will include the ethical guidelines connected to this intervention

SECTION X: Homework, Handouts, and Activities for Addictive Behaviors

- Chapters will focus on common clinical concerns of addictive behaviors including but not limited to alcohol and substance abuse, gambling, use of internet pornography, and sexual compulsivity
- Chapters to include working with clients from a variety of different sexual and gender identities as well as other social identities as they intersect

- Each chapter will include relevant research supporting the use of this type of intervention
- Each chapter will include the ethical guidelines connected to this intervention

SECTION XII: Homework, Handouts, and Activities for Building Resilience

- Chapters will focus on strengths of clients from a variety of different sexual and gender identities as well as other social identities and their intersections
- Chapters will focus on bridging psychological distress and minority stress to building resilience
- Each chapter will include relevant research supporting the use of this type of intervention
- Each chapter will include the ethical guidelines connected to this intervention

If you are interested in submitting a chapter, please email a completed chapter submission by June 30, 2017 to Joy S. Whitman at joy.whitman@waldenu.edu or Cyndy J. Boyd at cboyd@exchange.upenn.edu.

If you have questions, please feel free to contact us.

Sample chapters available on request from either Co-Editor.

Joy Whitman, PhD
The Family Institute at Northwestern University
jwhitman@family-institute.org

Cyndy Boyd, PhD
Associate Director/Training Director
University of Pennsylvania
Counseling and Psychological Services
cboyd@exchange.upenn.edu