

## CHAPTER 17

# What about Me?

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### CHAPTER SUMMARY

This is my personal account of having been diagnosed with prostate cancer (PC) at the age of 46. As a young man I was unaware of the physical, emotional, and psychological effects that accompany such a diagnosis as well as the ramifications of radical prostatectomy. This chapter follows my journey, through the highs and lows of the experience, with particular focus on my involvement in the formation of the gay and bisexual men's PC support group Shine a Light. I also aim to share information with those people receiving a PC diagnosis in the hopes of making their journey with the disease a little easier and more comfortable.

### KEY TERMS

cancer diagnosis, case study, gay man, prostate cancer, recovery, sexuality, treatment